

Ceilidh Band Project

**Five tunes and dances
for first access instrumental programmes**



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By Sheena Masson of Camden Music Service,
in association with the English Folk Dance and Song Society

English Folk Dance and Song Society

The English Folk Dance and Song Society (EFDSS) is the national folk arts development organisation for England, existing to champion English traditional folk music, song, dance and related arts as part of the rich and diverse cultural landscape of the UK. With roots going back over 100 years, it is based at Cecil Sharp House, its dedicated folk arts centre in Camden, North London, which is also home to EFDSS' Vaughan Williams Memorial Library.

EFDSS' Education department works to raise the profile and develop the practice of folk music, dance and other arts within education. It creates and delivers creative learning projects for children, young people and adults, in formal education and community settings, at Cecil Sharp House, across London, and around the country, often in partnership with other organisations.

www.efdss.org

Camden Music Service

The Camden Music Service organises instrumental and vocal tuition in most Camden schools as well as running 35 borough ensembles and choirs and Saturday music centres. Camden Music also provides musical advice to parents, support to teachers and schools and works with a wide range of partners as the lead organisation of the Music Education Hub.

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Sheena Masson

Sheena has been playing and calling for dancing for many years. A regular on the festival and ceilidh circuit, she is equally passionate about making dancing accessible to new audiences. Sheena works as the Primary Music Co-ordinator for the Camden Music Service and is delighted that this project has allowed her to wear both her hats.

Produced by the English Folk Dance and Song Society (EFDSS), 2016

Written by: Sheena Masson / EJ Cufflink, of Camden Music Service

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Contents

About this resource	page 4
The Blaydon Races	page 5
Donkey Riding	page 10
Jack's Alive	page 15
Mona's Delight	page 20
Winster Gallop	page 25

About this resource

The arrangements and dances in this resource were taken from Camden Music Service's Wider Opportunities (First Access Instrumental) Ceilidh Project which has run over the past few years in association with the English Folk Dance and Song Society. The project provides an opportunity for children to learn ceilidh tunes and the dances that go with them. During the project they are involved as musicians (playing to accompany other children dancing) and as dancers (dancing whilst other children are playing).

Music and dancing in many cultures are considered to be the same thing. Western music has largely lost this link, however ceilidh / country / folk dancing is one of the few ways where this remains and the Ceilidh Project encourages children to re-establish that link. It gives them a chance to play for a purpose, to play with a sense of ensemble and musicality, and to think about a style of music they perhaps haven't encountered before.

During the school year, many Wider Opportunities classes are able to sign up for the project and are provided with sheet music, audio files, (mp3s) and dance notation to learn the tunes and dances. Nine of the classes then come together to take part in the culmination of the project - a sharing session at the end of the year at Cecil Sharp House, the home of the English Folk Dance and Song Society in Camden. Schools bring along their instruments (as varied as recorders, strings, brass, ukuleles and percussion) and join together for a joyous afternoon of playing and dancing.

The musical arrangements and dance instructions in the resource are of course equally suitable for beginner level musicians and dancers of any age. This is one of the most positive aspects of folk – it is adaptable and can be accessed and enjoyed by participants of all generations!

Please note: the dances in this pack are by Sheena Masson, incorporating traditional folk dance figures. They have been specially created to go well with the tunes and be easy to teach quickly to large groups of young children.

The Blaydon Races

32 bar jig

Dance (note: these dance instructions are not for dance The Blaydon Races; they are based on the Circassian Circle)

Formation: - circle, standing next to your partner, one person is A, and the other is B

Musical section	Bar numbers	Dance instructions
A1	1 - 8	Hold hands in circle – take 4 steps in Hold hands in circle – take 4 steps out REPEAT
A2	9 - 16	All the As take 4 steps in – clap – 4 steps out All the Bs take 4 steps in – clap – 4 steps out
B1	17 - 24	Promenade (walk) with partner round the circle, anti-clockwise, 16 steps
B2	25 - 32	Swing Partner – get back in circle ready to start again



Photo: © EFDSS; photographer: Roswitha Chesher

The Blaydon Races

Trad arr E J Cufflink

melody in C

easy part in C

easy violin

treble Recorder

clarinet in C

melody in Bb

easy part in Bb

melody in Eb

easy part in Eb

baritone / trombone

bass clef trombone

acoustic guitar

ukulele

'cello



The musical score is arranged for a 12-piece band. It includes staves for melody in C, easy part in C, easy violin, treble Recorder, clarinet in C, melody in Bb, easy part in Bb, melody in Eb, easy part in Eb, baritone / trombone, bass clef trombone, acoustic guitar, ukulele, and 'cello. The guitar and ukulele parts include fret numbers: G G G G D D G G C C G G A A D D.

9

C mel

C easy

violin

tr rec

clarinet

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

ukulele

'cello



17

C mel

C easy

violin

tr rec

clarinet

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

ukulele

'cello



25

C mel

C easy

violin

tr rec

clarinet

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

ukulele

'cello



Donkey Riding

32 bar march

Dance

Formation: lines facing away from the band, standing next to your partner – doesn't really matter how many in a line

Musical section	Bar numbers	Dance instructions
A1	1 – 8	8 steps away from the band; kick, balance x4
A2	9 – 16	8 steps back towards band; kick, balance x4
B1	17 – 24	Right hand turn; left hand turn
B2	25 - 32	Back to back (passing right shoulders first); back to back (passing left shoulders first)



Photo: © EFDSS; photographer: Roswitha Chesher

Donkey Riding

Trad arr E J Cufflink

melody in C

easy in C

easy violin

treble recorder

clarinet in C

melody in Bb

easy in Bb

melody in Eb

easy in Eb


baritone / trombone

bass clef trombone

acoustic guitar

ukulele

'cello



The musical score is arranged in 12 systems. The first five systems (melody in C, easy in C, easy violin, treble recorder, clarinet in C) are in the key of C major. The next five systems (melody in Bb, easy in Bb, melody in Eb, easy in Eb, baritone / trombone, bass clef trombone) are in the key of Bb major. The final two systems (acoustic guitar, ukulele, 'cello) are in the key of Bb major. The time signature is 3/4. The score includes various musical notations such as notes, rests, and fingerings.

5

C mel

C easy

violin

tr rec

clarinet

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

uke

'cello



9

C mel

C easy

violin

tr rec

clarinet

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

uke

'cello



C G D G D D

C G D G D D

13

C mel

C easy

violin

tr rec

clarinet

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

uke

'cello



1 0 2 0 0 4 0

C G D G D G

0 2 2 3 2 2 3

C G D G D G

Jack's Alive

32 bar jig

Dance

Formation: longways sets of 3 or 4 couples

Musical section	Bar numbers	Dance instructions
A1	1 – 8	Kick, balance x 4; lines 4 steps towards each other and 4 steps away
A2	9 – 16	Kick, balance x 4; lines 4 steps towards each other and 4 steps away
B1	17 – 24	Top couple gallop down the set 8 steps, and back up the set 8 steps
B2	25 - 32	Everyone gallops down 8 steps, the top couple makes an arch and everyone else comes through it back up to place



Photo: © EFDSS; photographer: Roswitha Chesher

Jack's Alive

Trad arr E J Cufflink

melody in C

easy in C

easy violin

treble recorder

clarinet in C

melody in Bb

easy in Bb

melody in Eb

easy in Eb

tritone / trombone

ass clef trombone

acoustic guitar

ukulele

'cello



5 8

C mel

C easy

violin

tr rec

cl

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

ukulele

'cello



9

C mel

C easy

violin

tr rec

cl

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

ukulele

'cello



3 3 0 0 3 3 0 0

G G D D C C D D

3 3 2 2 0 0 2 2

G G D D C C D D

13⁸

C mel

C easy

violin

tr rec

cl

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

ukulele

'cello



3 3 0 0 3 0 3

G G D D C D G

3 3 2 2 0 2 3

G G D D C D G

Mona's Delight

32 bar step hop (hornpipe)

Dance

Formation: with your partner and another couple in a little circle of 4

Musical section	Bar numbers	Dance instructions
A1	1 – 8	Circle left 8 step hops; circle right 8 step hops
A2	9 – 16	Right hand star; left hand star
B1	17 – 24	Clapping pattern: <ul style="list-style-type: none"> • To partner – knees – clap – clap to partner's hand • To opposite – knees – clap – clap to opposite's hands • To either side – knees – clap – clap to either side • To self – knees – clap – 'oi!' Two-hand turn
B2	25 - 32	Clapping as above then two-hand turn (with optional move on to find another couple)



Photo: © EFDSS; photographer: Roswitha Chesher

Mona's Delight

Trad arr E J Cufflink

melody in C

easy in C

easy violin

treble recorder

clarinet in C

melody in Bb

easy in Bb

melody in Eb

easy in Eb

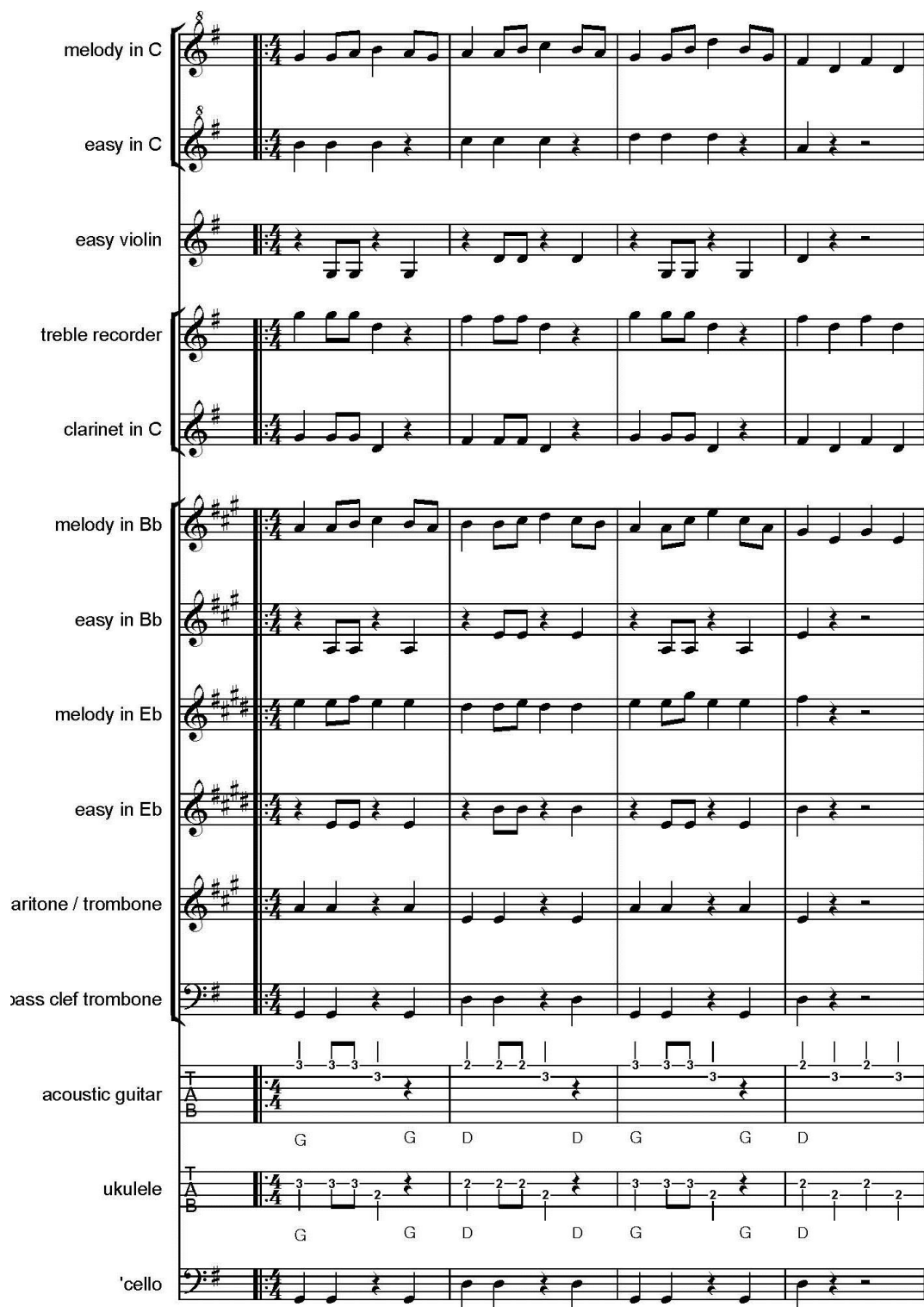
aritone / trombone

ass clef trombone

acoustic guitar

ukulele

'cello



The musical score is arranged in 12 staves. The first five staves are for woodwinds and strings: melody in C, easy in C, easy violin, treble recorder, and clarinet in C. The next five staves are for brass and woodwinds: melody in Bb, easy in Bb, melody in Eb, easy in Eb, and aritone / trombone. The final two staves are for guitar/ukulele and cello. The guitar/ukulele part includes fret numbers (3, 3, 3, 3, 2, 2, 2, 3, 3, 3, 3, 2, 3, 2, 3) and chord names (G, G, D, D, G, G, D). The cello part is in the bass clef.

5 8

C mel

C easy

violin

tr rec

cl

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

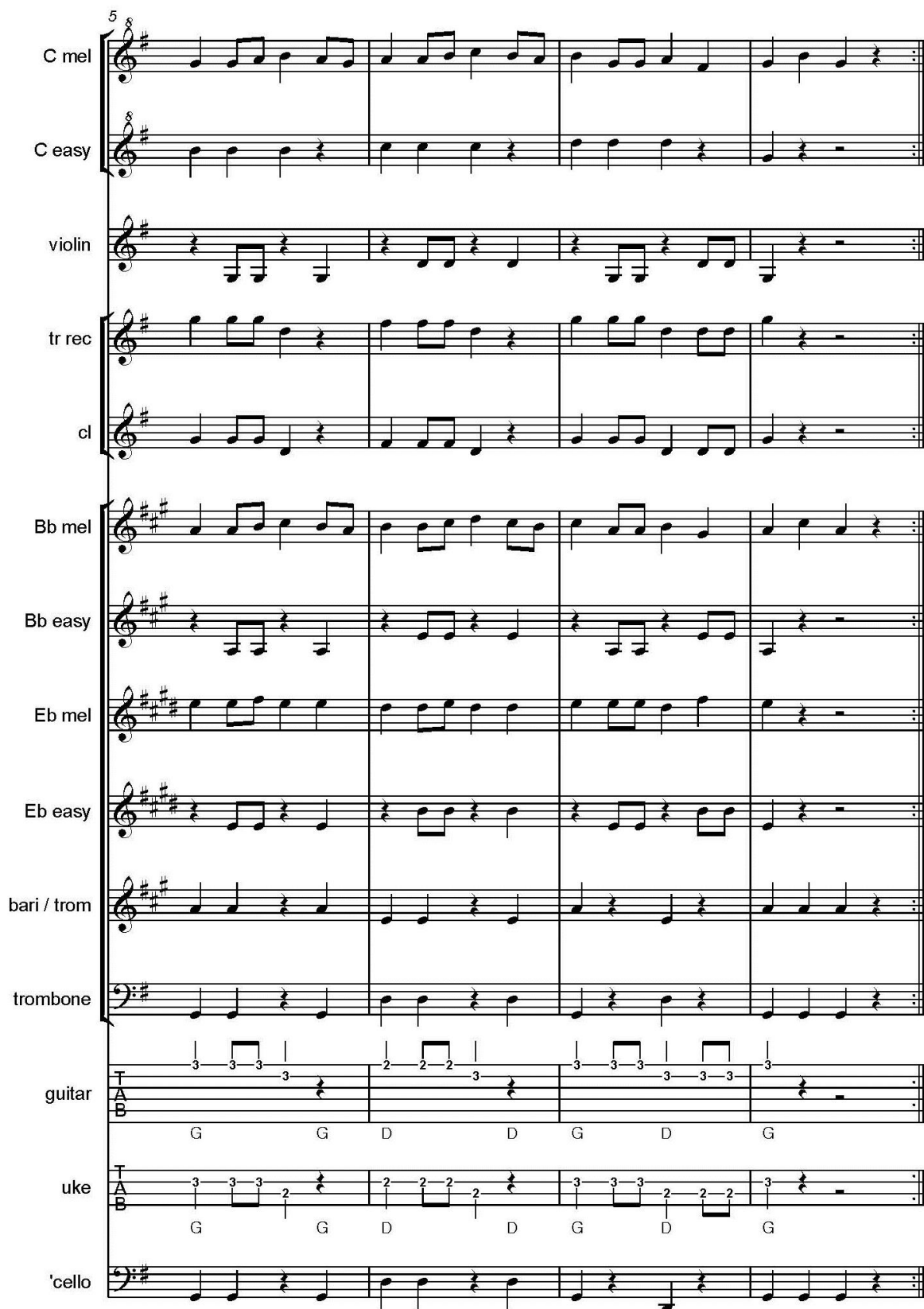
guitar

uke

'cello

G G D D G D G

G G D D G D G



9

C mel

C easy

violin

tr rec

cl

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

uke

'cello



13⁸

C mel

C easy

violin

tr rec

cl

Bb mel

Bb easy

Eb mel

Eb easy

bari / trom

trombone

guitar

uke

'cello

G G D D G D G

G G D D G D G



Winster Gallop

32 bar march

Dance (note: these instructions are not for the traditional dance Winster Gallop)

Formation: with partner, standing side by side facing the band

Musical section	Bar numbers	Dance instructions
A1	1 – 8	Forward 3 steps – kick; back 3 steps – stamp (repeat)
A2	9 – 16	Away from each other 3 steps – clap; back to each other 3 steps – bump (repeat)
B1	17 – 24	Facing each other – clapping pattern Clap hands / clap under right leg Clap hands / clap under left leg Clap hands in front, behind, in front, to partner Repeat
B2	25 - 32	Right hand turn; left hand turn



Photo: © EFDSS; photographer: Roswitha Chesher

Winster Gallop

Trad arr E J Cufflink

melody in C

easy in C

easy violin

treble recorder

clarinet in C

melody in Bb

easy in Bb

Easy trumpet

melody in Eb

easy in Eb

Easy tenor horn


baritone / trombone

bass clef trombone

acoustic guitar

ukulele

'cello



5 8

C mel

C easy

violin

tr rec

clar

Bb mel

Bb easy

Tpt.

Eb mel

Eb easy

T. Hn.

bari / trom

trombone

guitar

uke

'cello



9

C mel

C easy

violin

tr rec

clar

Bb mel

Bb easy

Tpt.

Eb mel

Eb easy

T. Hn.

bari / trom

trombone

guitar

uke

'cello

13

C mel

C easy

violin

tr rec

clar

Bb mel

Bb easy

Tpt.

Eb mel

Eb easy

T. Hn.

bari / trom

trombone

guitar

uke

'cello



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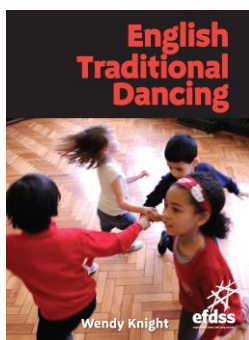


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English Traditional Dancing



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