Bristol Folk
Song Pack
Teaching Notes

By Carolyn Robson
The Full English

The Full English is a unique nationwide project unlocking hidden treasures of England’s cultural heritage by making over 58,000 original source documents from 12 major folk collectors available to the world via a ground-breaking nationwide digital archive and learning project. The project is led by the English Folk Dance and Song Society (EFDSS), funded by the Heritage Lottery Fund, and in partnership with Bristol Sings Music and other cultural partners across England.

The Full English digital archive has thousands of traditional folk songs that were collected from across the country. Some of these songs are known widely, others have lain dormant in notebooks and files within archives for decades. This Bristol Folk Song pack gives schools across Bristol the chance to bring them back to life and give them a new voice in the 21st century!

Supported by the National Lottery through the Heritage Lottery Fund, the National Folk Music Fund and The Folklore Society.

Bristol Sings Music

Bristol Sings Music is the singing strategy for Bristol Plays Music. It aims to enable all children and young people in our schools to access opportunities to sing, and to develop their skills, knowledge and repertoire to maintain provision in the coming years.

Led by Welsh National Opera, Bristol Sings Music also involves Bristol Plays Music, St George’s Bristol, Sing Up, South West Music School, Drake Music, Making Music, Bristol Choral Society and Bristol Schools’ Music Society. The Partnership is passionate about singing in Bristol, bringing together good practice and join up the singing sector.

Leading on the project for Welsh National Opera is project manager Laurie Stewart. Laurie has working in the field of music education for many years and was formally Sing Up Area Leader for Bristol. She is also a classically trained singer, studying at the Royal College of Music (BMus Hons) and The Royal Welsh College of Music and Drama (MMus).
Warm Up

Warm up with the song *My Bonnie Lies Over the Ocean*, learn the song then play this game:

(i) Sitting on chairs in a circle stand or sit on all the words beginning with the letter ‘b’ (starts and ends sitting.)

(ii) Next while sitting down in a circle, clap on all the words that contain an ‘o’.

(iii) Finally stand or sit on words beginning with ‘b’ and clap on words containing an ‘o’ at the same time.

*My Bonnie lies over the ocean*

*My Bonnie lies over the sea*

*My Bonnie lies over the ocean*

*O bring back my Bonnie to me*

*Bring back, bring back*

*O bring back my Bonnie to me, to me*

*Bring back, bring back*

*O bring back my Bonnie to me*
Songs

- Yeave Ho
- The Bold Pirate
- Times are Hard
- A Long Time Ago
- Tis of a Gallant Southerner
- A Roving
- The Cheerful Arn

Pulling shanty
Sea song
Shanty
Pulling shanty
Sea song
Shanty
Fox hunting song

Shanties

Many of the songs in this pack are shanties. A shanty is a work song that was sung by the sailors on large merchant sailing ships to keep them in time when hauling on ropes or pulling oars etc. The songs had different rhythms and were improvised (adapted and made up) to be longer or shorter as needed. They were call and response songs performed by a soloist who sang a line and the rest of the crew who responded in chorus. The soloist was called the shantyman and he would have had a strong voice.

The songs were unaccompanied and mostly sung in English though many have been translated into other European languages. By the end of the 19th century ships became powered by steam and machines replaced manpower so fewer sailors were required to do the same tasks of hauling on ropes etc.

The first song in the pack is Yeave Ho an exclamation used by sailors when pulling on ropes.
Yeave Ho
Sung by Miss Dobbyn and her brother, collected by Cecil Sharp
at 85a Redland Road, Bristol, July 13 1914
www.vwml.org/record/CJS2/10/3009

Come all you young sail or boys Yeave Ho Yeave Ho
Draw your sterns to our anchor and

list-en un-to me For I’m going to make bold to Yeave Ho Yeave Ho
Spin you a sail-or’s

list-en un-to me Yeave Ho Yeave Ho

Yarn all about the deep blue sea. Sing ing Yeave Ho Ho Hi Ho Sing ing Yeave Ho Ho Hi Ho Hi!

About the deep blue sea. Yeave Ho Ho Hi Ho Yeave Ho Ho Hi!

Come all you young sailor boys
Yeave Ho Yeave Ho
Draw your sterns to our anchor and listen unto me
For I’m going to make bold to
Yeave Ho Yeave Ho
Spin you a sailor’s yarn all about the deep blue sea
Singing Yeave Ho Ho Hi Ho
Singing Yeave Ho Ho Hi!

Now our captain had a daughter
Yeave Ho Yeave Ho
And her name was Eliza with beautiful blue eyes
And in school they had taught her
Yeave Ho Yeave Ho
For to play on the piano and singing likewise
Singing Yeave Ho Ho Hi Ho
Singing Yeave Ho Ho Hi!

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www.efdss.org
Yeave Ho

Sung by Miss Dobbyn and her brother, collected by Cecil Sharp
At 85a Redland Road, Bristol, July 13 1914
Roud Number: 13257
www.vwml.org/record/CJS2/10/3009

Come all you young sailor boys
Yeave Ho Yeave Ho
Draw your stems to our anchor and listen unto me
For I'm going to make bold to
Yeave Ho Yeave Ho
Spin you a sailor's yarn all about the deep blue sea
Singing Yeave Ho Ho Hi Ho
Singing Yeave Ho Ho Hi!

Now our captain had a daughter
Yeave Ho Yeave Ho
And her name was Eliza with beautiful blue eyes
And in school they had taught her
Yeave Ho Yeave Ho
For to play on the piano and singing likewise
Singing Yeave Ho Ho Hi Ho
Singing Yeave Ho Ho Hi!
The Bold Pirate

Collected from Joseph Elliott by HED Hammond
Todbur, Dorset, Sept 1905
www.vwml.org/record/HAM/2/8/26

Tune

Harmony

Drum

‘Twas on the 12th of March, my boys, from Bristol we set sail
The wind it was west north west it blew a pleasant gale
We sailed all the livelong day till night was coming on
And then we found a bold pirate sailing two foot to our one

He hailed us in English he asked us whence we came
We told him from (old) Bristol town and on our course was bound
Lower down your fore and main top sails, let your ship lie to
And if you fire one shot at all (every man on board shall die)
[alternative last line: Or every man you have on board this day shall walk the plank]

Then up spake our commander bold “I hope that ne’er will be
When we have 28 brass guns to bear us company
And we have got 300 men most British seamen bold
That values more their honour than misers do their gold.”

The bold pirate called his hands all ait, and told ‘em what betide
Saying “You hear they got 28 brass guns and we have forty (five)
And we have got 500 men and they have got but three
And if then we are taken all hanged we shall be.”

Note: The words in brackets have been added by Carolyn Robson to aid scanning
There are lots more verses online.

The Full English: www.vwml.org
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The wind it was west north west it blew a pleasant gale
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He hailed us in English he asked us whence we came
We told him from (old) Bristol town and on our course was bound
Lower down your fore and main top sails, let your ship lie to
And if you fire one shot at all (every man on board shall die)
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Or every man you have on board this day shall walk the plank]

Then up spake our commander bold "I hope that ne'er will be
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The bold pirate called his hands all aft, and told 'em what betide
Saying "You hear they got 28 brass guns and we have forty (five)
And we have got 500 men and they have got but three
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The Bold Pirate

Music link
Learn the song 'The Bold Pirate'; when you know the song form a boat shape with everyone in the class. At the front of the boat sits a drummer who beats the following rhythm;  l  z  l  l  |  l  z  l  l  | etc. to the words Bold Pir-ate. Everyone rows the boat leaning forward on the first beat of each bar (on Bold) then pulling back the oars (on Pirate).

Literacy link
Treasure Island (by Robert Louis Stevenson) and Robinson Crusoe (by Daniel Defoe) and Swiss Family Robinson (by Johann David Wyss) are all books about shipwrecks and/or being marooned on an island. Find out about the storyline of these books. Write a story or diary of someone who is shipwrecked on a desert island. Consider the following;
(i) Describe a shipwreck or mutiny or capture by pirates
(ii) Describe the island in detail e.g. how big is it? Is it inhabited? Is there animal life? Are there trees and plants? Is it a volcano? Did you salvage anything from the shipwreck or was anything washed ashore?
(iii) How will you survive?
(iv) Are you rescued and how?
(v) Is there hidden treasure on your island? If so, draw a treasure map with coordinates.
(vi) Discuss; are there any pirates today?

Ref: Talk like a pirate day – 19 Sept [http://talklikeapirate.com/teachers.html]
**Art and Design link**

Draw a picture of a pirate e.g. Long John Silver or Captain Jack Sparrow or of Robinson Crusoe and Friday to illustrate your story; or draw a comic strip to tell the story in pictures.

**Geography link**

(i) How do you know which way you’re going on a ship?

**Music & Design link**

In groups of 5 or 6 design a musical board game called Treasure Island. Consider the following;

(i) Map out your island design on an A4 sheet of paper.
(ii) Draw a grid and number the squares as on a snakes and ladders board.
(iii) Put in interesting features such as trees, lakes, volcanos, animals, swamps, quicksand, mountains or hills, jungle areas, caves and coves.
(iv) Name some of these geographical features e.g. Shark Bay, Dead Man’s Cove, Hangman’s Tree etc.
(v) might like to make your own character counters to move on the board.
(vi) Each group would represent a different square on the board. Throwing a die (singular of dice) move a counter to land on a square, which could read ‘monkeys in trees throw coconuts at you’. Make falling coconut sounds using woodblock and claves; make
monkey noises with your voice. Another square in the sea area surrounding the island might read ‘Caught in sea storm’; use rain makers and clashing cymbals for crashing waves and your voices for the wind (ssshhh!) to represent the storm at sea’.

**History link**

(i) Where did ships from Bristol sail to and from?

(ii) What cargoes came in and left Bristol?

(iii) What would you want to do if you came back to Bristol after sailing on the sea for a long time? – what would you miss most? – write verses about it.
The Times Are Hard

Collected from Mr Stileman by Cecil Sharp, Bristol, 14 July 1914

www.vwml.org/record/CJS2/10/3013

Roud Number: 8234

trad.arr. Carolyn Robson

The times are hard and the wages low
O leave her Johnnie leave her
O the times are hard and the wages low
It's time for us to leave her.

Extra verses from a version of the chanty collected in St Ives, Cornwall

O a leaking ship with a harping* crew

Our mate he is a bully man

He gives all the best he can

* harping means a crew with heaps of energy and desire to work

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The Times Are Hard

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O the times are hard and the wages low
It's time for us to leave her

He gives all the best he can
O leave her Johnnie leave her
O the times are hard and the wages low
It's time for us to leave her

*Harping means a crew with heaps of energy and desire to work
The Times Are Hard

‘Sea Life in Nelson’s time’ by John Masefield

Our naval glory was built up by the blood and agony of thousands of barbarously maltreated men. It cannot be too strongly insisted on that sea life, in the late eighteenth century, in our navy, was brutalising, cruel, and horrible. ....There was barbarous discipline, bad pay, bad food, bad hours of work, bad company, bad prospects. ... The pay was bad at the best of times, but by the time it reached the sailor it had often shrunk to a half or a third of the original sum. (But) it was the long, monotonous imprisonment aboard which made the hateful life so intolerable.

Music link (1)

Learn the song ‘Roll the Old Chariot Along’ and make up your own verses about what you would miss if you were at sea on a large sailing vessel for months or years at a time. Form the shape of a boat and imagine you are slaves rowing for hours each day:

Roll the old chariot along
We’ll roll the old chariot along
We’ll roll the old chariot along
And we’ll all hang on behind

(i) You have been eating stale bread and biscuits and meat that has decayed. What might you dream of eating? e.g.

Some pizza and chips wouldn’t do us any harm
Some pizza and chips wouldn’t do us any harm
Some pizza and chips wouldn’t do us any harm
And we’ll all hang on behind.
(ii) The water is warm and has dead flies floating in it.
   - What might you dream of drinking?

(iii) You sleep on the hard wooden floor of the ship.
   - Where might you dream of sleeping? Etc.

**Music link (2)**

Learn the song ‘The Times are Hard’ and the harmonies too. Only one verse was collected. Read the passage from ‘Sea Life in Nelson’s Times’ by John Masefield;

(i) make up other verses which is just one line for each verse

(ii) encourage individuals to sing solo on the first line then everyone join in on ‘O leave her Johnnie leave her’ and ‘It’s time for us to leave her’ which is the refrain on each verse.

(iii) Using C and F chime bars add an accompaniment especially on the refrain e.g. Leave her John- nie leave her

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C     C     C     C     F     F
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(iv) Read the section on shanties and try making up your own shanty in groups then add actions
History link

(i) What reasons would make you leave home and family in the 18th century?

(ii) Discuss the hardship and poverty of people working on the land in 18th century England; the propaganda used to entice men to fight for their country;

(iii) What were the press gangs?

(iv) Design a poster to encourage men to sign up for service on board ship

(v) This song was collected from Mr Stileman in Bristol in 1914, 100 years ago. What was going on at that time? Would Mr Stileman have been asked to go and fight for his country?

Photo: original manuscript from The Full English digital archive
A Long Time Ago Pulling Chanty

Collected from James Tucker (69 years old) by Cecil Sharp, at Merchant Venturers Aims Houses, Bristol, 14 July 1914

www.vwml.org/record/CJS2/10/3014

Roud Number: 318

trad. arr. Carolyn Robson

Tune:
Away down south where I was born
To my way ay day
Away down south where I was born
A long time ago
’Twas a long long time ago and a very long time ago.

Harmony:
Early on a summer’s morn
To my way ay day
Early on a summer’s morn
A long time ago
’Twas a long long time ago and a very long time ago.

I made up my mind to go to sea
To my way ay day
I made up my mind to go to sea
A long time ago
’Twas a long long time ago and a very long time ago.

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A Long Time Ago Pulling Chanty

Collected from James Tucker (69 years old) by Cecil Sharp, at Merchant Venturers Alms Houses, Bristol, 14 July 1914
Roud Number: 318
www.vwml.org/record/CJS2/10/3014

Away down south where I was born
To my way ay day
Away down south where I was born
A long time ago
'Twas a long long time ago and a very long time ago.

Early on a summer’s morn
To my way ay day
Early on a summer’s morn
A long time ago
'Twas a long long time and a very long time ago.

I made up my mind to go to sea
To my way ay day
I made up my mind to go to sea
A long time ago
'Twas a long long time and a very long time ago.
A Long Time Ago

This song is a ‘Pulling Shanty’, like the song Yeave Ho, which was an exclamation used by sailors when pulling on ropes to synchronize a steady pace of work such as winding the capstan.

Music link
Learn the song and harmonies of ‘A Long Time Ago’

(i) Write some other verses, changing the first line of each verse only.

(ii) Add a drum accompaniment e.g. on the first beat of each bar to keep the shantymen in time to pull on the ropes.

(iii) Discuss the daily routine of the sailor and what other types of jobs pulling shanties have been used for; work out a drama sequence to represent life and work on board a naval or merchant in the 18th century and enact it to illustrate the song.

(iv) In the past the songs were sung and handed down aurally or written on broadsheets. How might you record a song now?

History link

(i) Many songs in the past were collected from people in workhouses; find out about the workhouse (ref: Oliver Twist) Where might you go to collect songs today?
The Alms House on Kings Street in Bristol (see photo overleaf) was built in 1696 by the Society of Merchant Venturers for convalescent and old sailors to live in. The Society still exists and supports charity and educational work in Bristol. It was designated by English Heritage as a Grade 2 listed building.

The Alms Houses have a plaque on wall of building which reads:

_Freed from all storms the tempest and the rage_  
_Of billows, here we spend our age._  
_Our weather beaten vessels here repair_  
_And from the Merchants' kind and generous care_  
_Find harbour here; no more we put to sea_  
_Until we launch into Eternity._  
_And lest our Widows whom we leave behind_  
_Should want relief, they too a shelter find._  
_Thus all our anxious cares and sorrows cease_  
_Whilst our kind Guardians turn our toils to ease._  
_May they be with an endless Sabbath blest_  
_Who have afforded unto us this rest._
(ii) Imagine you are a reporter and go to interview and elderly gentleman who served on board a ship in the 18th century. Write up the interview as a newspaper article. Find out about the following: discipline and punishment (cat o’ nine tails); food and living accommodation on board; working conditions; illness (lime juice given to help prevent scurvy) and injury; pay; leave to go ashore etc.

(iii) Write a letter home of a young boy who ran away to sea

(iv) Write a diary of a sea captain and perhaps floggings that he had to carry out, or a battle at sea etc.
'Tis of a Gallant Southerner (Fo'castle song)
Collected from James Tucker by Cecil Sharp, Bristol, 14 July 1914
www.vwml.org/record/CJS2/10/3018

Tune
Roud Number: 625
trad. arr. Carolyn Robson

Harmony

Tis of a gallant southerner that flew the stars and bars
The whistling wind from west north west blew through his pitchpine spars
With both the starboard tacks on board he flew before the gale
One autumn night when he rose the light on the head of old Kinsale

No thoughts of shortening was there by him who walked the poop
While neath the weight of his ponderous jib, the boom bent like a hoop
The groaning chest trees has told the strain that hung as his stout chain tack
But he only laughed as he lewked aloft at his bright and glittering track

What hangs out on our weather bow what hangs out on our lee
What hangs out on our weather bow abreast of the Saltees
But at the break of morn by her talk and tapering spars
We knew our morning visitor was a limejuice man o' war

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'Tis of a Gallant Southerner (Fo'castle song)

Collected from James Tucker by Cecil Sharp, Bristol, 14 July 1914
Roud Number: 625
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Tis of a gallant southerner that flew the stars and bars
The whistling wind from west north west blew through his pitchpine spars
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No thoughts of shortening was there by him who walked the poop
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What hangs out on our weather bow what hangs out on our lee
What hangs out on our weather bow abreast of the Saltees
But at the break of morn by her talk and tapering spars
We knew our morning visitor was a limejuice man o' war
‘Tis of a Gallant Southerner

This song is not a shanty but a sea song about a sea captain and his ship.

**Music link**

Learn the song and the harmony line.

(i) The tune is a jig in 6/8 time. Make up a simple rhythm pattern to accompany the song using claves or a tambour e.g.

\[
\begin{align*}
\text{ta ti ta ti ta ti ta ti etc.} \\
1 2 3 & |1 2 3 |1 2 3 | 1 2 3 |
\end{align*}
\]

(ii) Make up a simple country dance to go with the song e.g.

1. In two rows of 4 couples facing your partner, top couple gallops down the middle of the set for 8 gallops and back up to top

2. Then top couple casts at the top i.e. they divide so that each top person goes down behind their own line to meet at the bottom and everyone follows their own line; top couple forms an arch at the bottom of the set. Everyone meets their partner and comes up through the arch to start all over again with a new top couple galloping down the middle of the set at the start of the next verse.
**History link**

This is a good song to learn the different parts of ships.

(i) Find out where the following parts of a ship are and what they would be used for. Describe them in your own words e.g. Fo’castle: upper deck of a sailing ship forward of foremast.

a. Fo’castle (fo’c’sle)
b. Poop
c. Jib
d. Boom
e. Chain tack
f. Spars
g. Starboard and port

(ii) Find out about different types of different ships: e.g. man’o’war; merchant sailing vessels; wind-driven packet and clippers ships; steam-powered ships etc.

(iii) What types of wood were ships made from and where did the wood come from e.g. pitchpine, and groaning chest trees
**Geography link**

Old Head of Kinsale is a lighthouse in County Cork, Ireland. The Saltees (Great and Little Saltee) are 5 kilometres off the southern coast of county Wexford, Ireland. Today they are one of the world’s largest bird sanctuaries.

(i) Look at a map of Ireland. Ireland is an island off the west coast of England. The total island of Ireland has 32 counties; 26 are in the Republic of Ireland and the remaining 6 are in the North of Ireland. Northern Ireland is part of the United Kingdom, and the remaining 26 counties make up the Republic of Ireland that is a sovereign state. The capital of the Republic of Ireland is Dublin. Draw its flag.

(ii) Draw a map of Ireland and mark where the Saltees are and Old Kinsale lighthouse just off the coast of Wexford. Also mark where Dublin is.

(iii) Today the Saltees are a bird sanctuary with 220 species of birds breeding on them including gannets, puffins, guillemots and razorbills. Draw one of the birds that you might find breeding on the Saltees.
A-Roving
Mr Stileman, Bristol, 14 July 1914
www.vwml.org/record/CJS2/10/3012
Roud Number: 649
trad.arr. Carolyn Robson

I thought I heard the old man say
I thought I heard him say
I thought I heard that old man say
We leave the dock this very day
I'll go no more a-roving with you fair maid
A roving a roving for roving's been my ruin
I'll go no more a-roving with you fair maid
I took her hand within my own
And this I did say
I took her hand within my own
And said I'm bound to my old home
I'll go no more a roving with you fair maid
A roving a roving for roving's been my ruin
I'll go no more a roving with you fair maid

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A-Roving

Mr Stileman, Bristol, 14 July 1914
Roud Number: 649
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I thought I heard the old man say
I thought I heard him say
I thought I heard that old man say
We leave the dock this very day

I'll go no more a-roving with you fair maid
A roving a roving for roving's been my ru-i-n
I'll go no more a roving with you fair maid

I took her hand within my own
And this I did say
I took her hand within my own
And said I'm bound to my old home

I'll go no more a roving with you fair maid
A roving a roving for roving's been my ru-i-n
I'll go no more a roving with you fair maid
The Cheerful Arn

Words collected from Tom Pearce by Cecil Sharp, Winford, Somerset, 2 Dec 1908
Tune collected from William Patch by Cecil Sharp, Winford, Somerset, 28 Dec 1908
www.vwml.org/record/CJS2/9/1887

Roud Number: 217
trad. arr. Carolyn Robson

The fox jumps over the hedge so high and the hounds all after him go

And the fox jumps over the hedge so high
And the hounds all after him go.

O happy the day when we got married
And homeward we did go.

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The Cheerful Arn

Words collected from Tom Pearce by Cecil Sharp, Winford, Somerset, 2 Dec 1908
Tune collected from William Patch by Cecil Sharp, Winford, Somerset, 28 Dec 1908
Roud Number: 217
www.vwml.org/record/CJS2/9/1887

The fox jumps over the hedge so high
And the hounds all after him go.

O happy the day when we got married
And homeward we did go.

Note: ‘Arn’ is a colloquial word for ‘horn’
The Cheerful Arn

Fox Hunting

Fox hunting in the UK dates back to the 16th century. It involves chasing a red fox by a pack of fox hounds and a group of hunters on foot or on horseback led by a Master of Foxhounds. Sometimes the fox is killed. Fox hunting is practised all over the world but in 2002 it was banned in Scotland and in 2004 fox hunting became illegal in England and Wales too. However shooting foxes as vermin is still legal.

Boxing Day (the day after Christmas Day) was one of the main days in the hunting calendar for hunts to take place in the UK, where the hunt would meet often in town or village market squares. After a day of hunting it is common for the community to gather for ‘hunt suppers’ at which it is traditional to sing a broad range of hunting themed songs. Many of these have beautiful tunes and are designed for communal singing.

Fox Facts

Foxes live in underground burrows called earths. They hunt for food around twilight though can often be seen during the daytime especially in towns. They feed largely on earthworms and insects, wild mammals, wild birds, fruit and from scavenging. They also eat a few domestic birds and small pet mammals if the opportunity arises. The weight of an average dog (male) fox is 6.5 Kilos (14 pounds), a vixen (female) is 5.5 kilos (12 pounds); a little heavier and bigger than a domestic cat and smaller than an average dog. A dog fox is about 67 cms (26 inches) long plus a tail length of 41 cms (16 inches) making a total length of 89 cms (42 inches) though foxes in Scotland are larger than those in England.
Foxes live in family groups and have a complex social system. A dog fox and vixen may stay together for life but the mortality rate is high because of disease such as mange, road-kill etc. Foxes mate in February and the vixen will produce about 4 or 5 cubs in late March. They are born blind and deaf until they are 2 weeks old when they open their eyes and ears. After 4 weeks of feeding from the vixen they emerge into the open and are taught to hunt for themselves. They are mature by 6 months but only about 60% of cubs survive to this stage.

Adult foxes tend to range around an area of between 5 and 15 square kilometres (2–6 square miles) but their range can be as much as 20 square kilometres (7.7 sq mi). The red fox can run at up to 48 km/h (30 mph).

On the whole they are inquisitive but seldom aggressive. Scare stories of them attacking children were proven to be false.

Ref: Urban Foxes (Stephen Harris and Phil Baker)

Foxy Tales 3 Aesop’s Fables

The Fox and the Crow

An old crow stole a lump of cheese and carried it to a nearby tree. She was just about to eat it when she heard a noise on the ground below her. A fox had seen the cheese and wanted to eat it himself. He said to the crow: ‘You are such a beautiful bird with lovely feathers and bright shining eyes.’ The crow ruffled her feathers in pleasure. The fox continued: ‘I feel sure you must also sing very sweetly too.’ The vain crow opened her throat to sing for the fox and out fell the cheese to the ground. The fox snatched it quickly and swallowed it up. The fox thanked the crow and wandered off with a greedy smile.

Moral: Don’t always believe people who flatter you!
The Fox and the Stork
A fox invited a stork to have dinner with him. The stork was hungry and looked forward to the meal with the fox.

The Fox went into the kitchen and brought out two shallow bowls of delicious hot soup and gave one to the stork and one for himself. He lapped up his own soup but the stork could not drink hers. Her beak was too long and narrow. The fox grinned slyly and said: ‘What is wrong with the soup? Don’t you like it?’ and he drank up the stork’s soup. So the stork went home hungry and angry at the trick the fox had played on her. The following week the stork invited the fox for a dinner of soup. But she put the soup into two tall, thin jugs. The fox could not get his nose into the thin jug so the stork ate his dinner and the fox went away hungry.

Moral: If you play tricks on people, they may play them on you in return.

The Fox and the Grapes
One day a fox was strolling through a vineyard when he saw a bunch of grapes just ripening on a vine that was hanging down. It was a hot day so he decided to jump up for the grapes to quench his thirst. He ran and jumped but missed the bunch of grapes. He tried again taking a longer run and higher jump but again missed the grapes. After several attempts he had to give up and peevishly walked away saying: ‘I expect they were sour anyway!’

Moral: It is easy to despise what you can’t get!
Teaching ideas

• ‘The quick brown fox jumps over the lazy dog’ used to be a typing / writing exercise because it uses all the letters of the alphabet. In your best handwriting on A4 paper write the above phrase and illustrate.

• Read notes on fox hunting and urban foxes. Debate pros and cons of foxhunting; choose two speakers, one for and one against and two teams to research further information.

• Design a poster: either to BAN FOX-HUNTING or to advertise the BOXING DAY MEET in your local town square

• Aesops fables; The fox and the crow / or The fox and the stork / or The Fox and the Grapes; learn one of these three fables to tell to the rest of the class. Practice with a partner.

• Make a shoe-box theatre: turn a shoe-box on its side and make a backdrop of a country scene; with slits in the top make card puppets (stuck on to lollypop sticks or strips of card) of a fox and other characters to tell your story. It may be one of Aesops fables or a story of Mr Todd or Jemima Puddleduck by Beatrix Potter.

• Draw a cartoon strip to tell one of the Aesop’s fables or a Beatrix Potter tale about foxes

• Write a story or play of a fox / fox hunt from the fox’s point of view (ref: Belstone Fox; Hants fox song)

• Illustrate your story or act out your play

Book / film ref

• Fantastic Mr Fox Film / book

• Chicken Run Film

• The Belstone Fox Film

• Beatrix Potter Books The Tale of Jemima Puddleduck The Tale of Mr Tod
Carolyn Robson

Carolyn is a professional singer and musician specialising in traditional folk song and dance. Her extensive repertoire consists mainly of songs from her native Northumberland and Scotland as well as from other parts of the British Isles. Carolyn is also a qualified teacher and has taught at schools in England, Scotland and Wales. She has been a consultant for a BBC TV Folk Dance series for schools, and until 1996 she was the Education Officer for the English Folk Dance and Song Society. Carolyn directs several community choirs and runs workshops at festival and events across the country. www.carolynrobson.com
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