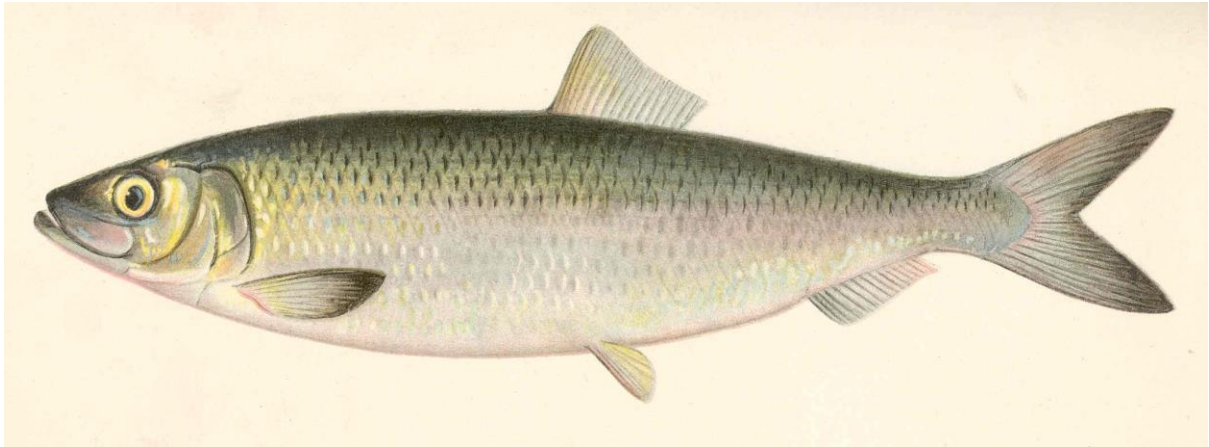


Herrings and Hops

A video resource for SEND settings



by

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JOHN LYON'S CHARITY

English Folk Dance and Song Society

The English Folk Dance and Song Society (EFDSS) is the national development organisation for folk music, dance and related arts, based at Cecil Sharp House, a dedicated folk arts centre and music venue, in Camden, North London. Cecil Sharp House is also home to EFDSS' Vaughan Williams Memorial Library (VWML), England's national folk music and dance archive, which provides free online access to thousands of searchable folk manuscripts and other materials. EFDSS creates and delivers creative learning projects for children, young people, adults and families at Cecil Sharp House, across London and around the country; often in partnership with other organisations. Learning programmes draw on the diverse and vibrant traditional folk arts of Britain and beyond, focusing on song, music, dance and related art forms such as storytelling, drama and arts and crafts.

www.efdss/education

Inclusive Folk

This resource is part of EFDSS' Inclusive Folk project (2020-2022) which aims at improving access to folk arts for young people with special educational needs and disabilities. The project comprises fortnightly Folk Unlimited music making sessions at Cecil Sharp House, outreach sessions at colleges and settings for young people with special educational needs and disabilities, the creation of free learning resources for [EFDSS' Resource Bank](#), and training opportunities for music educators.

Inclusive Folk is supported by a generous grant from John Lyon's Charity.

Produced by the English Folk Dance and Song Society (EFDSS), 2021

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About this resource

This video resource has been developed for working with young people with special educational needs and disabilities by EFDSS' Inclusive Folk leaders.

The videos and the accompanying booklet can be used in online tuition or as an inspiration for in-person classes and workshops. Both songs are traditional English folk songs that have been adapted by the Inclusive Folk team to work with young people with special educational needs and disabilities.

The Herring's Head is a cumulative folk song which can be changed and added to in different ways depending on your group of young people. It is especially suitable as a basis for a sensory session where the different verses can be supported with smell, touch, lights, sounds etc. As a sensory activity, this song will work well for young people with profound and multiple learning disabilities.

Hopping Down in Kent uses storytelling and acting to develop the song's lyrics. It deals with the historical practice of Londoners leaving the city for a working holiday in the countryside. The narrators support the storyline with Makaton signs and, if you are streaming the video via EFDSS' YouTube channel, there is also the option to view the whole text subtitled.

This booklet includes sheet music, lyrics and more information about the songs and suggestions for use.

For further inspiration for your classes and workshops, we have a number of additional free SEND resources in EFDSS' Resource Bank. For example,

[Songs of London Life: using folk arts in inclusive settings](#)

[Songs of May: using folk arts in inclusive settings](#)

[Songs of Rural Life: accessibility and adaptability in SEN settings](#)

You can find many more versions of the songs on the website of the [Vaughan Williams Memorial Library](#). Search the archives using the songs' Roud numbers listed on the sheet music pages in this resource. A Roud number is an individual index number for English folksongs. The number makes it possible to find versions of songs even if the melody or lyrics are not identical. The songs in this resource each has a link to their Roud number entry in the VWML online archive.

The Herring's Head

The Herring's Head is an old popular folk song that has been sung in different parts of the UK. Sometimes it is called the *Red Herring*, or *The Jolly Herring*, but they all have the same theme about all the things a resourceful person can make out of a herring. For each verse, the song gets longer and longer as you repeat parts of the previous verses. This means that there is a lot of opportunity to learn the lyrics through repetition. You can also add to or change the lyrics to fit the group you are working with.

The song works well as a sensory story and a way of using everyday objects in a workshop. Watch the video for inspiration and get even more ideas for using folk songs in sensory stories from EFDSS' Resource Bank, in particular [Songs of London Life](#) and [Songs of May](#).


Watch *The Herring's Head* video on EFDSS' YouTube channel or download it directly from our Resource Bank.

<https://www.youtube.com/watch?v=UUiYjwSZmC0>

The Herring's Head


Roud 128

G D G



What shall we do with the Herr - ing's head? Turn it in - to loaves of bread.

G (repeat section as needed for following verses). D



Herr-ing's head, loaves of bread, and all such things. Of
(Verse 2, etc.)
Herr-ing's tail, ships and sails herr-ing's head, loaves of bread, (Of...)

G C D G



all the fish that are in the sea the herr-ing's the king of the fish for me.

G D G



Bunk - y - do - da - li - do, bunk - y - do - da - li.

The Herring's Head

Verse 1

What shall we do with the herring's head?

-Turn it into loaves of bread -

Herring's head, loaves of bread,

and all such things

Of all the fish that are in the sea

The herring's the king of the fish for me

Bunky do da li do, Bunky do da li

Keep adding a new line for each verse, the final verse will look like this:

Verse 6

What shall we do with the herring's fins?

-Turn it into baking tins-

Herring's fins baking tins, herring's belly something smelly, herring's eyes a light that shines, herring's tails ships and sails, herring's head loaves of bread,

and all such things.

Of all the fish that are in the sea

The herring's the king of the fish for me

Bunky do da li do, Bunky do da li

Hopping Down in Kent

‘Hopping’, harvesting hops for brewing beer, was an important seasonal job for working class and Gypsy and Traveller communities in and around London. Hop picking in Kent was often the only holiday Londoners from poor backgrounds could afford and, potentially, they would even earn a little extra money. This popular folk song tells us about how hard the hop pickers worked, but the jolly melody and chorus still gives a sense that it was not all bad!

In the video we use storytelling, acting and signs to make the song come alive. You could watch the video with your group of students and talk about what is happening. The song and the video are a good starting point to talk about our shared cultural heritage, or what kinds of jobs people have done in the past.

Hopping is not a common job today, but you could also adapt this song to fit with other kinds of jobs and situations. For example, you could change the word “hopping” in the lyrics to “working” and then make new words for other jobs with the same melody. Use the video as inspiration to make up new movements or to write scripts and act out scenes from the song.

There are many more examples for how to use this song in SEND setting in our resource, [Songs of London Life](#).

Watch the *Hopping Down in Kent* video on EFDSS’ YouTube channel (subtitled) or download it directly from our Resource Bank.

<https://www.youtube.com/watch?v=H8Yf4b5DnKQ>

Hopping Down in Kent

Roud 1715

G D



Now when I went a - hopp - ing (a) - hopp - ing down in Kent. I

G D



saw old moth - er Reill - y a - sweep - ing out her tent. With me

G D G



tee - aye - o, tee - aye - o, tee - aye - ee - aye - o.

Hopping Down in Kent

Now when I went a-hopping, hopping down in Kent

I saw old mother Reilly a-sweeping out her tent

With me tee-aye-o, tee-aye-o, tee-aye-ee-aye-o

Now every Monday morning, just at six o'clock

You'll hear the old hoppers call, "Get up and boil your pot!"

With me tee-aye-o, tee-aye-o, tee-aye-ee-aye-o

Now Sunday is our washing day, don't we wash it clean

We boil it in our hopping pots and hang it on the green

With me tee-aye-o, tee-aye-o, tee-aye-ee-aye-o

Do you want some money? Yes sir, if you please

To buy a hock of bacon and a pound of mouldy cheese

With me tee-aye-o, tee-aye-o, tee-aye-ee-aye-o

Now hopping is all over, all the money's spent

And don't I wish I never went a-hopping down in Kent

With me tee-aye-o, tee-aye-o, tee-aye-ee-aye-o

Contributors

Emmie Ward is the lead tutor for EFDSS' Inclusive Folk project. She holds a PGCert in music and special needs using Sounds of Intent with the University of Roehampton. She works as a freelance music and folk arts practitioner and teaches a range of classes for people with learning disabilities. She specialises in using a multi-sensory approach to storytelling and music. In addition to her freelance work, Emmie has worked as a teacher for many years and in a variety of settings, including Day Centres, Further Education colleges and schools. She is the writer of this resource.

Nicholas Goode is a regular tutor for EFDSS' Inclusive Folk project. He has been a professional musician for over twenty years. He holds a PGCE in SEN/Music from the University of Roehampton, London, and has taught and led workshops across all ages, from early years to adults, and worked with students with a wide range of complex needs. In addition to his work as a musician and educator, Nick works extensively in theatre as a composer/arranger and actor.

Alice Barnard was EFDSS' Inclusive Folk trainee music leader in 2020. She is a singer / songwriter and guitarist who likes to draw inspiration from all walks of life and different music genres. In addition to her solo career, Alice has been working as a facilitator and resident musician at a community for young adults with learning disabilities.

Resource Bank

Inspire learning with folk

Explore free online materials for using English traditional folk song, music, dance, drama and other arts in your teaching and leading.



Discover more learning resources

www.efdss.org/resourcebank

For further inspiration for your classes and workshops, we have a number of free SEND resources, which can be found on the EFDSS Resource Bank. A few examples are listed below:

[Songs of London Life: using folk arts in inclusive settings](#)

[Songs of May: using folk arts in inclusive settings](#)

[Songs of Rural Life: accessibility and adaptability in SEN settings](#)



At the English Folk Dance and Song Society, we champion the folk arts at the heart of England's rich and diverse cultural landscape.

Our award-winning Resource Bank contains over 100 resources – incorporating hundreds of audio files, videos and supporting documents, all free to download. They offer endless practical ways to use folk song, music, dance, drama and more in all sorts of community settings, as well as in formal education.

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