singing histories

Plymouth
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Foreword

Admit it. How many of you have heard someone dismiss folk music as being all big beards and open-toed sandals? Perhaps you’ve even seen someone stifle a yawn when the verses seemed to just keep coming? Or seen how easily people simply banish folk music to a musical bunker in some dusty parallel universe considered somehow irrelevant to life today? Well, little do they know.

It was the great Louis Armstrong who said, ‘All music is folk music. I ain’t heard no horse sing a song’. The truth is, the breadth, passion, generosity and sheer diversity of folk music is seldom given the credit it deserves. But it is here. In fact, if Louis Armstrong were alive in Plymouth today I’m willing to bet a pair of outdated open-toed sandals that he’d be the first to help us blow our own trumpet about the kind of folk music that’s actually alive and being shared in and around this extraordinary city – and the best of it is captured in this booklet.

Who would have imagined that our top ten could include a romantic song about a pasty that could bring a tear to your eye? Or a curiously funny tale of what happened to a lighthouse keeper when he slept with a mermaid? Don’t ask. It involves a porpoise. Indeed, what makes this booklet so engaging is its extraordinary variety. On one page there’s a rousing historical sea shanty extolling the virtues of drinking ‘Nelson’s blood’, while on another you can revel in a more contemporary political comment on European fishing regulations affecting the fishing industry in ‘Tie Em Up’ – a protest song ‘gifted’ by its author Geoff Lakeman, the father of the newly crowned darling of Devon folk music, Seth Lakeman.

Whatever the page, on land or sea, we set out to connect the ideas of singing, local identity and local history. All the songs are set in or are closely related to Plymouth and have been especially chosen because they are accessible and culturally relevant to everyone, particularly young people.

So much of what really sets the folk tradition apart is the way it evolves and share its music even through ‘collectors’, with a passion and integrity rarely seen in other musical quarters. Well, this booklet was compiled with the love of local encyclopaedic folk enthusiasts so is hopefully a gift to that tradition. So set aside your preconceptions grab your ‘grog’ and hoist the sails – and be prepared for a journey of discovery that takes you to some of the most unexpected places...

Written by Debbie Geraghty, Plymouth Music Zone
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This is a perfect example of a traditional early 19th century work song or sea shanty with rousing chorus. Most shanties were lively, with different speeds for the different jobs onboard, and lifted the spirits of the hard-working crew. It would have been sung by the crew to keep rhythm during heavy group tasks on deck such as hoisting sails or weighing anchor. New verses would be added to existing song and adjusted to last for the duration of the chore. This version was obviously created by a crew out of Plymouth who felt hard done by and unhappy with the hard existence they experienced with bad weather and lack of food during their sea voyage.
Sailor’s Lass

My mother sent me out a fishing
Cockle picking by the sea
Slip my foot and in I tumbled
Three jolly sailors after me

Sailors they have gold and silver
Soldiers they have naught but brass
I don’t care what my mother tells me
I will be a sailor’s lass

My mother said if I married a sailor
It would break her tender heart
I don’t care what to mother matters
I will take the sailor’s part

He will buy me sheets and blankets
He will buy me diamond rings
He will buy me a pair of circles
When the wedding hoops he brings

This is one of many traditional Cornish songs and music collected by the eccentric Rev Sabine Baring-Gould in late 19th century. A prolific author, he was also a scholar, antiquarian, folklorist and hymn writer (he wrote *Onward Christian Soldiers* and *Now the Day is Over*). Baring Gould would visit singers in their homes or at their work and write down the words of their songs while a musician assistant would learn the tune. A true Victorian, Baring-Gould tried to place the songs in their social and cultural context. In this tune, despite her mother’s warnings of possible hardship, the young girl prefers to be a ‘Sailor’s Lass’ and looks forward to married life adorned with gold, silver and diamond rings.
The Oggie Man

An ‘Oggie Man’ was a stall holder who sold Cornish pasties and other snacks in late 19th century. Traditionally the pasty was a whole meal – with savory filling at one end and sweet at the other, wrapped in a pastry parcel.

According to this tune, written in 1966, the particular oggie booth was beside the Albert Gate of the Royal Dockyard at Devonport and dockers could always count on the oggie man for a quick meal. However heavy bomb damage during WWII (1940s) destroyed many surrounding buildings and this song now serves as a poignant reminder of the passing of a thriving dockyard and region – and the absence of many friends and lovers.

1. Well the rain’s softly falling and the Oggie Man’s no more
I can’t hear him calling like I used to before
I came through the gateway and
I heard the-ser-geant say
‘The big boys are coming see their see their stands across the way’

Refrain
Yes the rain’s softly falling and the Oggie Man’s no more

2. It was here that she told me when she bade me goodbye
‘There’s no one will miss you one half as much as I
My love will endure dear like a beacon in a squall
Eternal as that Oggie Man beneath the dockyard wall’

Refrain
Well the rain’s softly falling and the Oggie Man’s no more

Repeat verse 1 if desired
Tie Em Up

Words and Music - Geoff Lakeman

1. Man and boy fish ahoy
    Spend me life in days at sea
    Now they want to make a landlubber
    out of me
    Tie me up beside the quay

Chorus

Tie em up tie em up, tie em up don't let em sail
Tie em up tie em up, better selling up than tying up

2. A man in a suit he came down here
    Took a stroll along the pier
    Looked at his list and he told me square
    You can go fishin' just once a year

Chorus

3. Brixham, Plymouth Padstow crews
    Mevagissey, poor old Looe
    Newlyn boys they're all sunk too
    Thrown overboard like an old fish stew

Chorus

4. Quotas, rotas laws and rules
    Ministry men from public schools
    Telling us all to down our tools
    They don't give a damn that we're all washed up

Chorus

5. We've risked our lives, left our wives
    Missed our children growing up
    Now we left our boats and come ashore
    Signed on the dole to fish no more

Chorus

A genuine protest song from the early 1990s, this folk song decries the fishing subsidies brought in during the Thatcher government. Loans and subsidy payments were meant to be an incentive for fishermen. Terms of the new contracts dictated when the fishermen went out to fish and when to stay in port.

Unfortunately these new quotas and conditions badly affected most fishermen. This was an unpopular change to a centuries old way of life which bankrupted an entire industry. The chorus expresses the sentiment of many Plymouth fishermen that it was better to be 'selling up' rather than 'tying up' their boats.
Mack’rel Up The Wall

Words and Music Paul Wilson

1. The word is out the fish are in
A million silver tails and fins
The cry goes up to run on down
There’s mack’rel up the wall

2. Now it’s fishing fever time,
People run with rod and line
It’s out of May and into June
There’s mack’rel up the wall

3. First one then two and then a score
Two hundred people maybe more
With bait and nets and floats and all
There’s mack’rel up the wall

4. Boys with silver paper bait
Are catching lots and going great
With sticks and string and old bent pins
There’s mack’rel up the wall

5. Blokes who have the latest gear
Sometimes the fish just won’t come near
And then they’ll cadge from someone else
There’s mack’rel up the wall

6. Down with newspapers they come
They’re filled with fish for everyone
Enough for all and some to spare
There’s mack’rel up the wall

7. If nets get tangled swear and curse
Cut your line, it could be worse
Carry on the fishing spree
There’s mack’rel up the wall

8. Week on week they share it out
No-one goes away without
You don’t need money here you know
There’s mack’rel up the wall

9. Out of June comes hot July
Fishing fever quickly dies
Until next year it starts again with
Mack’rel up the wall

Written during a Plymouth song-making project in 1994, this folksong captures the thrill of the annual mackerel run, an event that occurred regularly up until the recent past. It is part of local oral history that each summer large mackerel shoals arrived in the nearby coves. Someone would shout, “Mackerel up the wall”. Once the alarm was raised, all the townspeople would rush out of their houses and down to the water’s edge where whole families would fish for their supper. The supply was so plentiful, you were able to fish with just ‘sticks, string and old bent pins’. The chorus deliberately tries to echo the town crier-like shout of ‘Mackerel’ and the resultant excitement of the time.
The Ramble-ay

Traditional - From the Hammond and Gardiner MS.
Collected early 20th century from Joseph Elliot of Teother
Arr Paul Wilson

Now it happened to be on a certain day
When the Rambleay to her anchors lay
Twas in the night the gale came on
And she from her anchors away did run
Our fore and main t'gallant yards being struck
And everything both neat and snug
Our closed reef topsails neat was spread
We was thinking to weather the old Ram's Head
The rain came down in huge great drops
Oh the seas wash over our main top
And when we could no better do
We let our cables run right through
Our bosun cries my hearties all
O listen unto me while I pipes my call
Come launch your boats your lives to save
Or the seas this night will be your grave

Over board over board our long boats tossed
And so many got in that the most was lost
There was some in one place, some in another
And the watch down they were all smothered
Sad news sad news to Plymouth Town
That the Rambleay was lost and most was drowned
All Plymouth town will float with tears
In hearing of these sad affairs
Come all you pretty maidens wherever you be
That lost your loves in the Rambleay
There was only but one to tell the tale
How our ship behaved all in the gale'

This song is a sad reminder of the often dangerous life of seamen in the 18th century. Journeys were long and arduous. Many ships with their entire crew and cargo were lost at sea. It became a common practice to have charitable appeals for the bereaved families of such disasters.

This particular song was circulated for the benefit of many Plymouth families who had lost loved ones aboard the troopship HMS Ramilles. During a violent storm in 1760, more than 700 lives were lost when the ship went aground off the perilous south Devon coast. Ramillies Cove was named in memory of this naval tragedy.
Tom's Gone To Hilo

Collected from John Short of Watchet by Cecil Sharp
Collected by Marilyn Tatter and Paul Wilson
Arr Paul Wilson

When first the world I did begin,
Tommy's gone and I'll go too
Away down Hilo
Tommy's gone to Plymouth town
Tom's gone to Hilo

Tommy's gone what shall I do?
Away down Hilo
Tommy's gone what shall I do?
Tom's gone to Plymouth town
Tom's gone to Hilo

When first the world I did begin,
Tommy's gone and I'll go too
Away down Hilo
Tommy's gone to Plymouth town
Tom's gone to Hilo

Tommy's gone what shall I do?
Away down Hilo
Tommy's gone what shall I do?
Tom's gone to Plymouth town
Tom's gone to Hilo

The eminent composer and teacher Cecil Sharp wanted to preserve the vocal and instrumental (dance) folk music of the British Isles. This 17th century sea shanty is from his collection and tells a common story of sailors and their lives at the time. It would seem that 'Tom' had boarded ship in Plymouth and sailed around the dangerous Cape Horn, the southernmost tip of South America. As ships could only enter ports that recognized their national flags, the port of Ylo in southern Peru would have been the first welcoming place to stop-over for water and provisions.

There are several interpretations of this particular tune which has survived intact and is still one of the more popular shanties.
Captain Ward

There came a ship a-sailing, a-sailing from the West
Loaded with silks and satins and choice things of the best
Till we fell in with Captain Ward all on the seas so green
He robbed us of all our store bid us go
tell our King

Our King he had a noble ship a ship of gallant fame
Launched on the twenty fourth of March the Rainbow was her name
With full five hundred seamen bold as ever your eyes did see
With full five hundred seamen bold to keep her company

Then oh away the Rainbow went a sailing on the main
In search of this bold robber and Ward it was his name

Who's this, who's this' says Captain Ward
'my name I'll never deny
But if you are in some King's high ship then you're welcome to pass by'

'Oh yes, I am the King's high ship and I speak it to your grief
Let you and I some battle try before our sails we reef'

'With all my heart' cries Captain Ward
'I value not one pin
For though you've got brass for blazing show, still I've good steel within'

It was early on the next morning that the red blood began to run
The fight went on till day was done and set the golden sun

'Fight on fight on', says Captain Ward
'and tell your King from me
That if you fight on for another night still your master I will be

Go home go home' says Captain Ward
'tell your King from me
That he might be King on the green, green land, but I am King at sea'

Then it's back returned the rainbow sailing home again
Put up in Plymouth Sound once more, but half the crew were slain
'Alack alack, then says our King I once had Captains three
And if any of them were still alive they'd have brought proud Ward to me

Another classic ballad from the Baring Gould collection, this song is an account of the historic Englishman and pirate, Captain John 'Jack' Ward. In true early 17th century fashion he was a buccaneer who captured ships, engaged in sea battles, was shipwrecked and arrested. Captain Ward traveled and traded around the Mediterranean and used Tunis as his safe haven.

At one time he offered King James I large amounts of money in return for amnesty for himself and his men. The pardon was refused so Captain Jack did not return to England. He converted to Islam and took the name Yusuf Reis. He was able to live out his days – reportedly 70 years - in style and splendour in north Africa.
The Eddystone Light

Author Unknown

Me father was the keeper of the Eddystone Light And he courted a mermaid one fine night From this union there came three A porpoise and a porky and the other was me

Chorus

Yo ho ho, the wind blows free, Oh for a life on the rolling sea

One night, as I was a-trimming of the glim Singing a verse of the evening hymn A voice on the starboard shouted 'Ahoy!' And there was my mother, a-sitting on a buoy

Chorus

'Oh what has become of my children three?' My mother then she asked of me 'One was exhibited as a talking fish The other was served from a chafing dish'

Chorus

Then the phosphorous flashed in her seaweed hair I looked again and my mother wasn't there But her voice came echoing back from the night 'To Hell with the keeper of the Eddystone Light!'

Chorus

In 1698, the Eddystone Lighthouse was the first lighthouse to be built on a small grouping of rocks in open sea. Some 14 miles off Plymouth, the tower lit the treacherous rocks to ease navigation. But it was the fourth lighthouse, built by John Smeaton, that really captured the imagination of the entire world. Using Cornish labourers, local granite, great ingenuity and all his engineering skills, Smeaton was able to overcome many problems and successfully open his 24-candle lighthouse on 16 October 1759. In the process, he had come up with the formula for quick drying cement which would revolutionise future building projects.

The Eddystone Lighthouse is Plymouth’s most famous landmark and was re-opened at its present site on Plymouth Hoe in 1882. It stands 51 metres high with a range of 24 miles.
Outward Bound

From the Baring Gould collection. Taken down from Will Huggins Lydford
This version collated by Paul Wilson
from the singing of Cyril Lawney, Martin Scragg and others

And when we get to the Dog and Bell,
Where there’s good poison for to sell
Out comes old Arch with his sweetest smile
Saying ‘drink my lads tis worth your while
From the seas you are homeward bound
From the seas you are homeward bound’

And when our money is gone and spent
And there’s none to be borrowed and none to be lent
Out comes old Arch with his sourest frown
‘Get up Jack, let John sit down’
For Jack is outward bound, but John is homeward bound
For Jack is outward bound, but John is homeward bound

From the Baring Gould collection, this humorous folk tune recounts the folly of a Jack Tar who returns to Plymouth after three long years at sea. With wages in his pocket, at first he is welcomed and befriended by all. However, when he has spent everything on the luxuries of food, drink, women and sport, his popularity begins to wane. People ask him to step aside and give up his seat as he is now ‘outward bound’. He is penniless and will be looking to sign on to another sea voyage.

Plymouth Dock is the old name for Devonport, and gives historical resonance to the song.
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